

Curriculum Vitae

Emīls Sietiņšhe/him | emils.sietins@northwestern.edu | [ResearchGate](#) | [Google Scholar](#) | www.esietins.com**EDUCATION****Doctor of Philosophy in Clinical Psychology** **09/2023 – Present**Northwestern University Feinberg School of Medicine, Chicago, IL, USA
Research mentor: Michael E. Newcomb, Ph.D.**Master of Science in Clinical Psychology** **09/2023 – 03/2026**

Northwestern University Feinberg School of Medicine, Chicago, IL, USA

Master's Thesis: *Patterns of substance use among young men who have sex with men in Chicago:**Findings from a cross-sectional exploratory latent class analysis*

Committee: Michael E. Newcomb, Ph.D. (Chair), Dennis Li, Ph.D., Madison Shea Smith, Ph.D.

Master of Public Health **08/2020 – 07/2022****Specialization in Advanced Biostatistics & Epidemiology***A 2-year Erasmus Master's Degree recognized as a Master of Excellence by the European Commission.*Year 1: University College Dublin, Ireland | *First Class Honors*Year 2: The French School of Public Health, Paris, France | *Highest Honors*Master's Thesis: *Chemsex trajectories among men who have sex with men participating in the**prospective cohort ANRS-PREVENIR study: Results from a group-based trajectory model*

Committee: Christel Protiere, Ph.D. (Chair), Nolwenn Le Meur-Rouillard, Ph.D.

Bachelor of Science in Psychology | Summa Cum Laude **08/2014 – 12/2018****Bachelor of Arts in Women's Studies | Cum Laude**

University of Florida, Gainesville, Florida, USA

Bachelor's Thesis: *Internalized homophobia as a moderator between user's anonymity on MSM mobile dating applications and potential HIV risk-taking behaviors*

Committee: Gregory D. Webster, Ph.D. (Chair), Alyssa N. Zucker, Ph.D., Laurie Mintz, Ph.D.

CLINICAL EXPERIENCE**Health Service Psychology Extern** **07/2026 - Present**

The University of Chicago, Chicago, IL

Addiction, Transplant, and Health Psychology, Department of Psychiatry & Behavioral Neuroscience
Clinical Supervisor: Daniel Fridberg, Ph.D.

- Provide individual outpatient psychotherapy (in-person and telehealth) to adults with addiction and comorbid mood disorders.
- Conduct pre-transplant psychological evaluations for kidney and liver transplant candidates to assess medical compliance and psychiatric readiness.
- Deliver evidence-based interventions utilizing cognitive-behavioral therapy (CBT), motivational interviewing (MI) and motivational enhancement therapy.
- Co-facilitate the "Courage to Quit" smoking cessation group.

- Participate in assessment and treatment planning, presenting clinical findings to a multidisciplinary team of medical and psychiatric providers across the University of Chicago Medical Center.

Health Psychology Trainee

07/2025 – 06/2026

Northwestern Medicine, Chicago IL

Reproductive Psychology, Center for Fertility and Reproductive Medicine

Clinical Supervisor: Amelia Swanson, Ph.D.

- Provided individual outpatient psychotherapy (telehealth) to adults presenting with a variety of emotional issues arising due to reproductive health concerns (e.g., infertility, pregnancy loss, fertility preservation).
- Delivered evidence-based interventions, drawing from CBT, MI, and acceptance and commitment therapy (ACT).

In-patient Consultation-Liaison, Department of Psychiatry and Behavioral Sciences

Clinical Supervisor: Esther Yoon, Ph.D.

- Provided psychology consultation liaison services to hospitalized adults with primary and comorbid psychiatric concerns.
- Delivered brief psychotherapeutic interventions, as well as provided psychoeducation, to manage anxiety, improve sleep and mood, help with adjustment to hospital stay and illness; provided meaning-centered therapeutic interventions for patients with advanced illness.
- Collaborated with an interdisciplinary medical team (psychiatry, nursing, social work, palliative care, medicine) to support patient care.
- Worked in an interdisciplinary palliative care team to provide psychological assessment and interventions to patients receiving end-of-life care.

Pride Clinic, Department of Psychiatry and Behavioral Sciences

Clinical Supervisor: Leiszle Rae Lapping-Carr, Ph.D.

- Provided individual outpatient psychotherapy (in-person and telehealth) to sexual and gender minority (SGM) adults.
- Delivered evidence-based interventions, drawing from CBT, ACT, dialectical behavioral therapy (DBT), and humanistic psychotherapy.
- Facilitated an 8-week mindfulness-based group as facilitator and co-facilitator for SGM adults focused on stress and anxiety management.

Gender Pathways Program, Department of Psychiatry and Behavioral Sciences

Clinical Supervisor: Kaitlyn N. Kunstman, M.D.

- Provided pre-surgical psychological evaluations for transgender and gender diverse adults seeking gender affirming surgical procedures.
- Communicated clinical impressions and recommendations to the medical team through written documentation, including drafting surgical letters of support in accordance with the World Professional Association for Transgender Health (WPATH) guidelines.

Adult Psychotherapy and Assessment Trainee

07/2024 – 06/2025

Northwestern Medicine, Chicago IL

Outpatient Psychotherapy, Department of Psychiatry and Behavioral Sciences

Clinical Supervisor: Jaclyn Weisman, Ph.D.

- Provided individual outpatient psychotherapy (in-person and telehealth) using CBT approaches, including behavioral activation (BA) for managing depression, exposure and response prevention (ERP) for obsessive-compulsive disorder (OCD), and cognitive processing therapy (CPT) for post-traumatic stress disorder (PTSD).

Learning, Attention and Development Clinic, Department of Psychiatry and Behavioral Sciences

Clinical Supervisor: Jason Washburn, Ph.D.

- Administered, scored and interpreted psychological and neuropsychological assessments for adults with suspected attention deficit/hyperactivity disorder (ADHD).
- Wrote integrated reports.
- Conducted supervised feedback sessions with finalized integrated reports and individualized recommendations.

Hotline Crisis Counselor

01/2017 – 12/2019

Alachua County Crisis Center, Gainesville FL

Clinical Supervisor: Ashley Bobroff, M.A.

- Answered the local Crisis Line and the National Suicide Lifeline
- Referred to and mobilized appropriate community resources
- Assisted in training Gainesville Police officers on how to respond to critical crises situations during their job

CLINICAL ADMINISTRATION

Graduate Assistant

09/2025 – 06/2026

Northwestern Medicine Department of Psychiatry and Behavioral Sciences

Supervisor: Jaclyn Weisman, Ph.D.

- Oversaw a list of patients referred to psychotherapy services within the department.
- Assigned patients to outpatient CBT trainee services (consisting of Clinical Psychology PhD students and Psychiatry residents) or removed ineligible patients from the referral list.

RESEARCH EXPERIENCE

Research Assistant

09/2023 – Present

The Impact Institute, Northwestern Medicine Feinberg School of Medicine

Supervisor: Michael E. Newcomb, Ph.D.

Currently working as a part-time graduate research assistant in the following research studies:

- all2GETHER – an HIV prevention & relationship education intervention for young male couples
- RADAR – a longitudinal study assessing STI, substance use, and romantic relationship patterns over time among young men who have sex with men (YMSM).

Research Assistant**11/2022 – 07/2023**

Primary Care Research Team, University College Dublin School of Medicine

Supervisor: Walter Cullen, Ph.D., M.D.

Worked as a Research Assistant in the Primary Care Research Group at the UCD School of Medicine. The Primary Care Research Team conducts collaborative projects that are relevant to clinical general practice/primary care and targets chronic conditions, mental health and substance use with the aim of stimulating better care and prevention.

- Conducted literature reviews (including scoping reviews)
- Performed data entry and analysis in SPSS
- Assisted in writing grant proposals and research manuscripts

Research Assistant**02/2022 – 06/2022**

SESSTIM Research Team (SESSTIM UMR 1252), Aix-Marseille University

Supervisor: Christel Protiere, Ph.D.

Analyzed data from the ongoing French longitudinal cohort study ANRS-PREVENIR which follows MSM living in the Île-de-France region and who use HIV pre-exposure prophylaxis (PrEP).

- Conducted literature reviews
- Analyzed a large dataset (n=2517) using Stata

Post-Baccalaureate Lab Coordinator**01/2019 – 12/2019**

Department of Clinical & Health Psychology, University of Florida

Supervisor: David Fedele, Ph.D.

Worked as a full-time lab coordinator for a research study aimed at creating a mobile health application for enhancing medication adherence for teens with persistent asthma.

- Recruited, screened, and scheduled participants
- Hired, trained, and scheduled undergraduate research assistants
- Helped conduct one-on-one interviews and performed qualitative analysis using NVivo

Research Assistant**05/2018 – 12/2019**

Department of Health Education & Behavior, University of Florida

Supervisor: Robert Leeman, Ph.D.

Helped create a mobile health intervention aimed at reducing substance abuse and improving sexual health in MSM.

- Recruited, screened, and scheduled participants
- Cleaned, entered, and managed quantitative data using REDCap
- Helped organize group-based discussions and one-on-one interviews

Project Manager/ Research Assistant**08/2017 – 12/2019**

Department of Psychology, University of Florida

Supervisor: Gregory D. Webster, Ph.D. / Graduate student supervisor: Val Wongsomboon, Ph.D.

Helped run lab studies about sexual health and well-being and close relationships.

- Hired, trained, and scheduled undergraduate research assistants
- Created online surveys and managed databases in Qualtrics
- Cleaned and analyzed quantitative data using SPSS

PUBLICATIONS

Published peer-reviewed journal articles

- Sietiņš, E.**, Sagon-Teyssier, L., Sow, A., Assoumou, L., Mora, M., Beniguel, L., Rojas-Castro, D., Michels, D., Jones, C.J., Ghosn, J., Costagliola, D., Spire, B., Roux, P., Molina, J.M. & Protiere, C. (2025) Trajectories of Chemsex Engagement Across Time Among PrEP-Using Men Who Have Sex with Men: Results from the French ANRS-Prévenir Cohort. *International Journal of Sexual Health*, 37(3), 525-546. <https://doi.org/10.1080/19317611.2025.2511902>
- Ravichandran, N., Dillon, E., McCombe, G., **Sietiņš, E.**, Broughan, J., O' Connor, K., Gulati, G., Frawley, T., Kelly, B.D., Guérandel, A., Osborne, B. & Cullen, W. (2025) Prevalence of mental health disorders in general practice from 2014 to 2024: A literature review and discussion paper. *Irish Journal of Psychological Medicine*. 42(3), 1-8. <https://doi.org/10.1017/ipm.2025.24>
- Hitch, A., **Sietiņš, E.**, Mustanski, B. & Newcomb, M.E. (2025) Posttraumatic stress symptoms and HIV risk-related behaviors among young sexual and gender minorities assigned male at birth: The moderating effects of teenage childhood sexual abuse. *AIDS and Behavior*. <https://doi.org/10.1007/s10461-025-04661-7>
- Broughan, J., **Sietiņš, E.**, Treanor, J.T., Siu, K.Y.E., Morrissey, J., Doyle, O., Casey, M., Fitzpatrick, P., McCombe, G. & Cullen, W. (2024) Preventing cardiovascular disease in at-risk patients: Results of a pilot behavioural health programme in general practice. *European Journal of General Practice*, 30(1). <https://doi.org/10.1080/13814788.2024.2413106>
- Sheeran-Purcell, L., McCombe, G., Broughan, J., **Sietiņš, E.**, Fawsitt, R., Queally, M., Lynch, T. & Cullen, W. (2024) Primary care-based approaches to reduce readmissions: Older patients' perspectives on the transition of care from secondary care to primary care. *Journal of Integrated Care*, 32(5), 59-69. <https://doi.org/10.1108/JICA-05-2023-0026>
- Broughan, J., **Sietiņš, E.**, Siu, K.Y.E., Clendennen, N., Collins, C., Fawsitt, R., Lambert, J.S., Savinelli, S., Skeffington, S.S., McCombe, G. & Cullen, W. (2024) Enhancing long COVID care in general practice: A qualitative study. *PLOS ONE*. <http://dx.doi.org/10.1371/journal.pone.0306077>
- Wongsomboon V., Mclltrot, E. A. & **Sietiņš, E.** (2023) Occurrence, frequency, and correlates of faking orgasm and satisfaction in sexual minority men. *The Journal of Sex Research*. <https://doi.org/10.1080/00224499.2023.2198997>
- Wongsomboon, V., **Sietiņš, E.**, & Webster, G. D. (2021). Predictors of face and body visibility in online dating applications among young men who have sex with men. *Journal of Homosexuality*, 69(13), 2305-2325. <https://doi.org/10.1080/00918369.2021.1938469>
- Wongsomboon, V., **Sietiņš, E.**, & Webster, G. D. (2021) Attractiveness, profile-picture face visibility, and unprotected receptive anal intercourse in young men who have sex with men using online dating applications. *Sexual Health*, 18(3), 212-220. <https://doi.org/10.1071/sh20190>
- Sietiņš, E.**, Wongsomboon, V., & Webster, G. D. (2020). Effects of internalized homonegativity and face-visibility on HIV-risk-taking behavior in gay men who had casual sex using online-dating

applications. *International Journal of Sexual Health*, 32(2), 165–170.
<https://doi.org/10.1080/19317611.2020.1739186>

Manuscripts under review

Sietiņš, E., Gao, J., McCombe G., Broughan, J., Treanor, J.T., Morrissey, J. Casey, M., Gallagher, J., Fitzpatrick, P., Doyle, O., Frawley, T., Mills, G., Collins, T., Ravichandran, N. & Cullen, W. (2025) Feasibility of a behavioural health pilot project in general practice for patients with high cardiovascular disease risk: A qualitative study. *HRB Open Research*, [version 1, awaiting peer review]. <https://doi.org/10.12688/hrbopenres.14048.1>

CONFERENCE PRESENTATIONS

Talks

Sietiņš, E., Ryan, D., Mustanski, B. & Newcomb, M.E. (2026 August). A Precision-Based Approach to Chemsex Prevalence and Characteristics Among Young Men Who Have Sex With Men in Chicago, IL. Short oral presentation delivered at the 10th National LGBTQ Health Conference, Chicago, Illinois, United States.

Sietiņš, E., Mustanski, B. & Newcomb, M.E. (2026 April). Sexualities Project at Northwestern (SPAN) Summer Research Project 2025: Relationship satisfaction and chemsex among young SGM-AMAB in Chicago. Short oral presentation delivered at the SPAN Summer Research Fest, Evanston, Illinois, United States.

Newcomb, M. E., Hill, R., **Sietiņš, E.**, Hitch, A., Li, D. H., & Mustanski, B. (2024 November). Implementation Determinants of a Relationship Education and HIV Prevention Program for Young Sexual and Gender Minorities. Short oral presentation delivered at the 58th Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania, United States.

Sietiņš, E., Smith, M.S., Mustanski, B. & Newcomb, M.E. (2024 August). Patterns of illicit substance use among a cohort of young sexual and gender diverse individuals assigned male at birth in Chicago. Short oral presentation delivered at the 9th National LGBTQ Health Conference, Atlanta, Georgia, United States.

Sietiņš, E., Sagaon-Teyssier, L., Sow, A., Assoumou, L., Rojas-Castro, D., Michels, D., Ghosn, J., Costagliola, D., Spire, B., Roux, P., Molina, J.M., Protiere, C. (2023 June). A group-based trajectory model to study engagement in chemsex among men who have sex with men in the French prospective cohort ANRS PREVENIR. Short oral presentation delivered at the 15th AIDS Impact Conference, Stockholm, Sweden.

Broughan, J., ‡**Sietiņš, E.**, Treanor, JT, Siu, K. Y. E., McCombe, G., Morrissey, J., Freeley, S., Casey, M., Doyle, O., Fitzpatrick, P., Frawley, T., O'Brien, S., Collins, T., & Cullen, W. (2023, March). Effectiveness of a general practice-based behaviour change program for patients at risk for cardiovascular disease: Preliminary findings. Short oral presentation delivered at the annual Irish College of General Practitioners (ICGP) and Association of University Departments of General Practice in Ireland (AUDGPI) Joint Conference, Galway, Ireland. (‡ Presenting author)

Posters

Sietiņš, E., Smith, M.S., Mustanski, B. & Newcomb, M.E. (2026, January). Exploratory latent class analysis of substance use among young men who have sex with men in Chicago: Results from the RADAR cohort study. Poster presented at the Northwestern University Research Institute and Center Research Impact Day, Evanston, Illinois, United States.

Sietiņš, E., Sagaon-Teyssier, L., Sow, A., Spire, B., Roux, P., Molina, J. M. & Protiere, C. (2022, July). Chemsex across time. A group-based trajectory model of engagement in chemsex among men who have sex with men participating in the prospective cohort ANRS-Prevenir study. Poster presented at the Europubhealth+ Graduating Student Poster Gallery, Rennes, France. (*Awarded 3rd place for the best poster*)

Sietiņš, E., Wongsomboon, V., & Webster, G. D. (2019, November). Unprotected receptive anal sex in gay men who use online dating applications: Effect of internalized homonegativity, number of casual-sex partners, and face visibility on dating-profile pictures. Poster presented at the Annual Meeting of The Society for The Scientific Study of Sexuality, Denver, Colorado, United States.

Sietiņš, E., Wongsomboon, V., & Webster, G. D. (2019, October). Unprotected sex in gay men who use online dating applications: Interaction between internalized homonegativity and face visibility on dating profile pictures. Poster presented at the 24th Congress of the World Association of Sexual Health & XII Congreso Nacional de Educacion Sexual y Sexologia, Mexico City, Mexico

Sietiņš, E., Kalkat, M., Williams, D., Rowland, B., Gebru, N., & Leeman, R. (2019, April). Advancing new computer-based help on risky sex study: UH2 project. Poster presented at the Florida Community, Providers and Researchers Convention, Gainesville, Florida, United States.

Wongsomboon, V., Tumbaga, H., & **Sietiņš, E.** (2019, February). Sociosexual orientation and sexual self-esteem predicted women's pleasure motives to have casual sex: The mediated relationship. Poster presented at the Sexuality Preconference of the Society for Personality and Social Psychology Convention, Portland, Oregon, United States.

Wongsomboon, V., **Sietiņš, E.,** Webster, G. D., Garcia, J. R., & Gesselman A. N. (2018, November). The joy of sex when orgasms vex: Women's perceived importance of their orgasm and women's sexual enjoyment without orgasm. Poster presented at the annual meeting of the Society for the Scientific Study of Sexuality, Montreal, Canada.

AWARDS, GRANTS AND FELLOWSHIPS

Summer Research Grant, Sexualities Project at Northwestern University	06/2025
Third place for the best poster at the Europubhealth+ Graduating Student Poster Gallery	07/2022
Erasmus Mundus Scholarship for 2-year Master of Public Health Degree	08/2020 – 07/2022
Shelby Davis United World College Scholarship for 4-year Bachelor's Degree	08/2014 – 12/2018

TEACHING EXPERIENCE**Teaching Assistant** **01/2026 – 03/2026**

Introduction to Psychotherapy
 Department of Psychiatry and Behavioral Sciences
 Northwestern University Feinberg School of Medicine
Instructor: Jaclyn Weisman, Ph.D.

Teaching Assistant **08/2018 – 12/2018**

LGBT Psychology
 Department of Psychology, University of Florida
Instructor: Tyler Hatchel, Ph.D.

Teaching Assistant **01/2018 – 05/2018**

Psychology of Personality
 Department of Psychology, University of Florida
Instructor: Martin Heesacker, Ph.D.

TRAINING**HIV client-centered testing, partner counseling & referral service training** **08/2018**

Florida Department of Health in Alachua County

In-depth 60-hour training in crisis intervention & suicide prevention **02/2017**

Alachua County Crisis Center

PROFESSIONAL MEMBERSHIPS**Student Member** **09/2026 – Present**

Council of Clinical Health Psychology Training Programs

INVITED REVIEWER (YEAR: NUMBER OF REVIEWS)

- *AIDS and Behavior* (2024:1)
- *BMC Public Health* (2025:1)
- *BMC Primary Care* (2026: 1)

RELEVANT SKILLS**PROGRAMS**

Quantitative analysis:.....Stata, SPSS, R-Studio

Qualitative analysis:.....NVivo

GIS software:.....QGIS

Survey platforms:.....REDCap, Qualtrics