

Curriculum Vitae  
**Emīls Sietiņš**

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## EDUCATION

**Doctor of Philosophy in Clinical Psychology** **09/2023 – Present**

Northwestern University Feinberg School of Medicine, Chicago, IL, USA  
 Research mentor: Michael E. Newcomb, Ph.D.

**Master of Science in Clinical Psychology** **09/2023 – 03/2026**

Northwestern University Feinberg School of Medicine, Chicago, IL, USA  
Please note: All requirements for master's degree have been completed, and degree will be conferred in March 2026.

Master's Thesis: *Patterns of substance use among young men who have sex with men in Chicago: Findings from a cross-sectional exploratory latent class analysis*

Committee: Michael E. Newcomb, Ph.D. (Chair), Dennis Li, Ph.D., Madison Shea Smith, Ph.D.

**Master of Public Health** **08/2020 – 07/2022**

**Specialization in Advanced Biostatistics & Epidemiology**

*A 2-year Erasmus Master's Degree recognized as a Master of Excellence by the European Commission.*

Year 1: University College Dublin, Ireland | *First Class Honors*

Year 2: The French School of Public Health, Paris, France | *Highest Honors*

Master's Thesis: *Chemsex trajectories among men who have sex with men participating in the prospective cohort ANRS-PREVENIR study: Results from a group-based trajectory model*

Committee: Christel Protiere, Ph.D. (Chair), Nolwenn Le Meur-Rouillard, Ph.D.

**Bachelor of Science in Psychology** | *Summa Cum Laude* **08/2014 – 12/2018**

**Bachelor of Arts in Women's Studies** | *Cum Laude*

University of Florida, Gainesville, Florida, USA

Bachelor's Thesis: *Internalized homophobia as a moderator between user's anonymity on MSM mobile dating applications and potential HIV risk-taking behaviors*

Committee: Gregory D. Webster, Ph.D. (Chair), Alyssa N. Zucker, Ph.D., Laurie Mintz, Ph.D.

## CLINICAL EXPERIENCE

**Health Psychology Trainee** **07/2025 – Present**

Northwestern Medicine, Chicago IL

Reproductive Psychology, Center for Fertility and Reproductive Medicine

*Clinical Supervisor: Amelia Swanson, Ph.D.*

- Provide individual outpatient psychotherapy (telehealth) to adults presenting with a variety of emotional issues arising due to reproductive health concerns (e.g., infertility, pregnancy loss, fertility preservation).
- Deliver evidence-based interventions, drawing from cognitive-behavioral therapy (CBT), acceptance and commitment therapy (ACT), and motivational interviewing (MI).

In-patient Consultation-Liaison, Department of Psychiatry and Behavioral Sciences

*Clinical Supervisor: Esther Yoon, Ph.D.*

- Provide psychology consultation liaison services to hospitalized adults with primary and comorbid psychiatric concerns.
- Deliver brief psychotherapeutic interventions, as well as provide psychoeducation, to manage anxiety, improve sleep and mood, help with adjustment to hospital stay and illness; provide meaning-centered therapeutic interventions for patients with advanced illness.
- Collaborate with an interdisciplinary medical team (psychiatry, nursing, social work, medicine) to support patient care.
- In 2026, will shadow the Palliative Care Team to deepen understanding of psychological aspects of end-of-life care.

Pride Clinic, Department of Psychiatry and Behavioral Sciences

*Clinical Supervisor: Leiszle Rae Lapping-Carr, Ph.D.*

- Provide individual outpatient psychotherapy (in-person and telehealth) to sexual and gender minority (SGM) adults.
- Deliver evidence-based interventions, drawing from CBT, ACT, dialectical behavioral therapy (DBT), and humanistic psychotherapy.
- Facilitate an 8-week mindfulness-based group as facilitator and co-facilitator for SGM adults focused on stress and anxiety management.

Gender Pathways Program, Department of Psychiatry and Behavioral Sciences

*Clinical Supervisor: Kaitlyn N. Kunstman, M.D.*

- Provided pre-surgical psychological evaluations for transgender and gender diverse adults seeking gender affirming surgical procedures.
- Communicated clinical impressions and recommendations to the medical team through written documentation, including drafting surgical letters of support in accordance with the World Professional Association for Transgender Health (WPATH) guidelines.

**Adult Psychotherapy and Assessment Trainee**

**07/2024 – 06/2025**

Northwestern Medicine, Chicago IL

Outpatient Psychotherapy, Department of Psychiatry and Behavioral Sciences

*Clinical Supervisor: Jaclyn Weisman, Ph.D.*

- Provided individual outpatient psychotherapy (in-person and telehealth) using CBT approaches, including behavioral activation (BA) for managing depression, exposure and response prevention (ERP) for obsessive-compulsive disorder (OCD), and cognitive processing therapy (CPT) for post-traumatic stress disorder (PTSD).

Learning, Attention and Development Clinic, Department of Psychiatry and Behavioral Sciences

*Clinical Supervisor: Jason Washburn, Ph.D.*

- Administered, scored and interpreted psychological and neuropsychological assessments for adults with suspected attention deficit/hyperactivity disorder (ADHD).
- Wrote integrated reports.

- Conducted supervised feedback sessions with finalized integrated reports and individualized recommendations.

**Hotline Crisis Counselor****01/2017 – 12/2019**

Alachua County Crisis Center, Gainesville FL

*Clinical Supervisor: Ashley Bobroff, M.A.*

- Answered the local Crisis Line and the National Suicide Lifeline
- Referred to and mobilized appropriate community resources
- Assisted in training Gainesville Police officers on how to respond to critical crises situations during their job

**CLINICAL ADMINISTRATION****Graduate Assistant****09/2025 – Present**

Northwestern Medicine Department of Psychiatry and Behavioral Sciences

*Supervisor: Jaclyn Weisman, Ph.D.*

- Oversee list of patients referred to psychotherapy services within the department.
- Assign patients to outpatient CBT trainee services (consisting of Clinical Psychology PhD students and Psychiatry residents) or remove ineligible patients from the referral list.

**RESEARCH EXPERIENCE****Research Assistant****09/2023 – Present**

The Impact Institute, Northwestern Medicine Feinberg School of Medicine

*Supervisor: Michael E. Newcomb, Ph.D.*

Currently working as a part-time graduate research assistant in the following research studies:

- all2GETHER – an HIV prevention & relationship education intervention for young male couples
- RADAR – a longitudinal study assessing STI, substance use, and romantic relationship patterns over time among young men who have sex with men (YMSM).
- Will collect data from the RADAR cohort on prevalence of chemsex engagement and its associations with romantic relationship satisfaction and minority stress among YMSM living in Chicago (supported by a Summer Research Grant awarded by the Sexualities Project at Northwestern University).

**Research Assistant****11/2022 – 07/2023**

Primary Care Research Team, University College Dublin School of Medicine

*Supervisor: Walter Cullen, Ph.D., M.D.*

Worked as a Research Assistant in the Primary Care Research Group at the UCD School of Medicine. The Primary Care Research Team conducts collaborative projects that are relevant to clinical general practice/primary care and targets chronic conditions, mental health and substance use with the aim of stimulating better care and prevention.

- Conducted literature reviews (including scoping reviews)
- Performed data entry and analysis in SPSS
- Assisted in writing grant proposals and research manuscripts

**Research Assistant****02/2022 – 06/2022**

SESSTIM Research Team (SESSTIM UMR 1252), Aix-Marseille University

*Supervisor: Christel Protiere, Ph.D.*

Analyzed data from the ongoing French longitudinal cohort study ANRS-PREVENIR which follows MSM living in the Île-de-France region and who use HIV pre-exposure prophylaxis (PrEP).

- Conducted literature reviews
- Analyzed a large dataset (n=2517) using Stata

**Post-Baccalaureate Lab Coordinator****01/2019 – 12/2019**

Department of Clinical &amp; Health Psychology, University of Florida

*Supervisor: David Fedele, Ph.D.*

Worked as a full-time lab coordinator for a research study aimed at creating a mobile health application for enhancing medication adherence for teens with persistent asthma.

- Recruited, screened, and scheduled participants
- Hired, trained, and scheduled undergraduate research assistants
- Helped conduct one-on-one interviews and performed qualitative analysis using NVivo

**Research Assistant****05/2018 – 12/2019**

Department of Health Education &amp; Behavior, University of Florida

*Supervisor: Robert Leeman, Ph.D.*

Helped create a mobile health intervention aimed at reducing substance abuse and improving sexual health in MSM.

- Recruited, screened, and scheduled participants
- Cleaned, entered, and managed quantitative data using REDCap
- Helped organize group-based discussions and one-on-one interviews

**Project Manager/ Research Assistant****08/2017 – 12/2019**

Department of Psychology, University of Florida

*Supervisor: Gregory D. Webster, Ph.D. | Graduate student supervisor: Val Wongsomboon, Ph.D.*

Helped run lab studies about sexual health and well-being and close relationships.

- Hired, trained, and scheduled undergraduate research assistants
- Created online surveys and managed databases in Qualtrics
- Cleaned and analyzed quantitative data using SPSS

**PUBLICATIONS****Published peer-reviewed journal articles**

**Sietiņš, E.**, Sagon-Teyssier, L., Sow, A., Assoumou, L., Mora, M., Beniguel, L., Rojas-Castro, D., Michels, D., Jones, C.J., Ghosn, J., Costagliola, D., Spire, B., Roux, P., Molina, J.M. & Protiere, C. (2025) Trajectories of Chemsex Engagement Across Time Among PrEP-Using Men Who Have Sex with Men: Results from the French ANRS-Prévenir Cohort. *International Journal of Sexual Health*, 37(3), 525-546. <https://doi.org/10.1080/19317611.2025.2511902>

Ravichandran, N., Dillon, E., McCombe, G., **Sietiņš, E.**, Broughan, J., O' Connor, K., Gulati, G., Frawley, T., Kelly, B.D., Guérandel, A., Osborne, B. & Cullen, W. (2025) Prevalence of mental health

disorders in general practice from 2014 to 2024: A literature review and discussion paper. *Irish Journal of Psychological Medicine*. 42(3), 1-8. <https://doi.org/10.1017/ipm.2025.24>

Hitch, A., **Sietiņš, E.**, Mustanski, B. & Newcomb, M.E. (2025) Posttraumatic stress symptoms and HIV risk-related behaviors among young sexual and gender minorities assigned male at birth: The moderating effects of teenage childhood sexual abuse. *AIDS and Behavior*. <https://doi.org/10.1007/s10461-025-04661-7>

Broughan, J., **Sietiņš, E.**, Treanor, J.T., Siu, K.Y.E., Morrissey, J., Doyle, O., Casey, M., Fitzpatrick, P., McCombe, G. & Cullen, W. (2024) Preventing cardiovascular disease in at-risk patients: Results of a pilot behavioural health programme in general practice. *European Journal of General Practice*, 30(1). <https://doi.org/10.1080/13814788.2024.2413106>

Sheeran-Purcell, L., McCombe, G., Broughan, J., **Sietiņš, E.**, Fawsitt, R., Queally, M., Lynch, T. & Cullen, W. (2024) Primary care-based approaches to reduce readmissions: Older patients' perspectives on the transition of care from secondary care to primary care. *Journal of Integrated Care*, 32(5), 59-69. <https://doi.org/10.1108/JICA-05-2023-0026>

Broughan, J., **Sietiņš, E.**, Siu, K.Y.E., Clendennen, N., Collins, C., Fawsitt, R., Lambert, J.S., Savinelli, S., Skeffington, S.S., McCombe, G. & Cullen, W. (2024) Enhancing long COVID care in general practice: A qualitative study. *PLOS ONE*. <http://dx.doi.org/10.1371/journal.pone.0306077>

Wongsomboon V., Mcllrot, E. A. & **Sietiņš, E.** (2023) Occurrence, frequency, and correlates of faking orgasm and satisfaction in sexual minority men. *The Journal of Sex Research*. <https://doi.org/10.1080/00224499.2023.2198997>

Wongsomboon, V., **Sietiņš, E.**, & Webster, G. D. (2021). Predictors of face and body visibility in online dating applications among young men who have sex with men. *Journal of Homosexuality*, 69(13), 2305-2325. <https://doi.org/10.1080/00918369.2021.1938469>

Wongsomboon, V., **Sietiņš, E.**, & Webster, G. D. (2021) Attractiveness, profile-picture face visibility, and unprotected receptive anal intercourse in young men who have sex with men using online dating applications. *Sexual Health*, 18(3), 212-220. <https://doi.org/10.1071/sh20190>

**Sietiņš, E.**, Wongsomboon, V., & Webster, G. D. (2020). Effects of internalized homonegativity and face-visibility on HIV-risk-taking behavior in gay men who had casual sex using online-dating applications. *International Journal of Sexual Health*, 32(2), 165–170. <https://doi.org/10.1080/19317611.2020.1739186>

### Manuscripts under review

**Sietiņš, E.**, Gao, J., McCombe G., Broughan, J., Treanor, J.T., Morrissey, J. Casey, M., Gallagher, J., Fitzpatrick, P., Doyle, O., Frawley, T., Mills, G., Collins, T., Ravichandran, N. & Cullen, W. (2025) Feasibility of a behavioural health pilot project in general practice for patients with high cardiovascular disease risk: A qualitative study. *HRB Open Research*, [version 1, awaiting peer review]. <https://doi.org/10.12688/hrbopenres.14048.1>

## CONFERENCE PRESENTATIONS

### Talks

- Newcomb, M. E., Hill, R., **Sietiņš, E.**, Hitch, A., Li, D. H., & Mustanski, B. (2024 November). Implementation Determinants of a Relationship Education and HIV Prevention Program for Young Sexual and Gender Minorities. Short oral presentation delivered at the 58<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania, United States.
- Sietiņš, E.**, Smith, M.S., Mustanski, B. & Newcomb, M.E. (2024 August). Patterns of illicit substance use among a cohort of young sexual and gender diverse individuals assigned male at birth in Chicago. Short oral presentation delivered at the 8th National LGBTQ Health Conference, Atlanta, Georgia, United States.
- Sietiņš, E.**, Sagaon-Teyssier, L., Sow, A., Assoumou, L., Rojas-Castro, D., Michels, D., Ghosn, J., Costagliola, D., Spire, B., Roux, P., Molina, J.M., Protiere, C. (2023 June). A group-based trajectory model to study engagement in chemsex among men who have sex with men in the French prospective cohort ANRS PREVENIR. Short oral presentation delivered at the 15<sup>th</sup> AIDS Impact Conference, Stockholm, Sweden.
- Broughan, J., †**Sietiņš, E.**, Treanor, JT, Siu, K. Y. E., McCombe, G., Morrissey, J., Freeley, S., Casey, M., Doyle, O., Fitzpatrick, P., Frawley, T., O'Brien, S., Collins, T., & Cullen, W. (2023, March). Effectiveness of a general practice-based behaviour change program for patients at risk for cardiovascular disease: Preliminary findings. Short oral presentation delivered at the annual Irish College of General Practitioners (ICGP) and Association of University Departments of General Practice in Ireland (AUDGPI) Joint Conference, Galway, Ireland. († Presenting author)

### Posters

- Sietiņš, E.**, Smith, M.S., Mustanski, B. & Newcomb, M.E. (2026, January). Exploratory latent class analysis of substance use among young men who have sex with men in Chicago: Results from the RADAR cohort study. Poster presented at the Northwestern University Research Institute and Center Research Impact Day, Evanston, Illinois, United States.
- Sietiņš, E.**, Sagaon-Teyssier, L., Sow, A., Spire, B., Roux, P., Molina, J. M. & Protiere, C. (2022, July). Chemsex across time. A group-based trajectory model of engagement in chemsex among men who have sex with men participating in the prospective cohort ANRS-Prevenir study. Poster presented at the EuroPubHealth+ Graduating Student Poster Gallery, Rennes, France. (*Awarded 3<sup>rd</sup> place for the best poster*)
- Sietiņš, E.**, Wongsomboon, V., & Webster, G. D. (2019, November). Unprotected receptive anal sex in gay men who use online dating applications: Effect of internalized homonegativity, number of casual-sex partners, and face visibility on dating-profile pictures. Poster presented at the Annual Meeting of The Society for The Scientific Study of Sexuality, Denver, Colorado, United States.
- Sietiņš, E.**, Wongsomboon, V., & Webster, G. D. (2019, October). Unprotected sex in gay men who use online dating applications: Interaction between internalized homonegativity and face

visibility on dating profile pictures. Poster presented at the 24<sup>th</sup> Congress of the World Association of Sexual Health & XII Congreso Nacional de Educacion Sexual y Sexologia, Mexico City, Mexico

**Sietiņš, E.**, Kalkat, M., Williams, D., Rowland, B., Gebru, N., & Leeman, R. (2019, April). Advancing new computer-based help on risky sex study: UH2 project. Poster presented at the Florida Community, Providers and Researchers Convention, Gainesville, Florida, United States.

Wongsomboon, V., Tumbaga, H., & **Sietiņš, E.** (2019, February). Sociosexual orientation and sexual self-esteem predicted women's pleasure motives to have casual sex: The mediated relationship. Poster presented at the Sexuality Preconference of the Society for Personality and Social Psychology Convention, Portland, Oregon, United States.

Wongsomboon, V., **Sietiņš, E.**, Webster, G. D., Garcia, J. R., & Gesselman A. N. (2018, November). The joy of sex when orgasms vex: Women's perceived importance of their orgasm and women's sexual enjoyment without orgasm. Poster presented at the annual meeting of the Society for the Scientific Study of Sexuality, Montreal, Canada.

#### **AWARDS, GRANTS AND FELLOWSHIPS**

Summer Research Grant, Sexualities Project at Northwestern University	<b>06/2025</b>
Third place for the best poster at the Europubhealth+ Graduating Student Poster Gallery	<b>07/2022</b>
Erasmus Mundus Scholarship for 2-year Master of Public Health Degree	<b>08/2020 – 07/2022</b>
Shelby Davis United World College Scholarship for 4-year Bachelor's Degree	<b>08/2014 – 12/2018</b>

#### **TEACHING EXPERIENCE**

<b>Teaching Assistant</b> Introduction to Psychotherapy Department of Psychiatry and Behavioral Sciences Northwestern University Feinberg School of Medicine <i>Instructor: Jaclyn Weisman, Ph.D.</i>	<b>01/2026 – 03/2026</b>
<b>Teaching Assistant</b> LGBT Psychology Department of Psychology, University of Florida <i>Instructor: Tyler Hatchel, Ph.D.</i>	<b>08/2018 – 12/2018</b>
<b>Teaching Assistant</b> Psychology of Personality Department of Psychology, University of Florida <i>Instructor: Martin Heesacker, Ph.D.</i>	<b>01/2018 – 05/2018</b>

#### **TRAINING**

<b>HIV client-centered testing, partner counseling &amp; referral service training</b> Florida Department of Health in Alachua County	<b>08/2018</b>
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**In-depth 60-hour training in crisis intervention & suicide prevention**  
Alachua County Crisis Center

**02/2017**

**INVITED REVIEWER (YEAR: NUMBER OF REVIEWS)**

- *AIDS and Behavior* (2024:1)
- *BMC Public Health* (2025:1)

**RELEVANT SKILLS**

**PROGRAMS**

**Quantitative analysis:**..... Stata, SPSS, R-Studio  
**Qualitative analysis:**..... NVivo  
**GIS software:**..... QGIS  
**Survey platforms:**..... REDCap, Qualtrics